

1. Being Late to Site or Flights

Missing your mobilisation or showing up late sets off alarms straight away. It delays whole crews and costs money. Show up early, every time.

2. Poor Attitude or Lack of Teamwork

You might be great on the tools, but if you don't pull your weight or get along with others, it won't matter. Sites want people who stay positive and get on with the job.

3. Ignoring Safety Rules

Not wearing PPE, skipping inductions, or cutting corners will get you blacklisted fast. Sites expect full compliance. One slip-up could end your FIFO career.

4. Not Being Job-Ready

Turning up without required tickets, expired medicals, or missing PPE shows a lack of preparation. Always double-check you've got everything before mobilisation.

5. Not Taking Feedback Well

If you get defensive or ignore directions from supervisors, you won't last. Being open to feedback and learning from it, is key on remote and high-risk sites.

6. Causing Drama or Gossip

FIFO crews are tight-knit. Stirring the pot or creating tension ruins team morale. Employers will always choose someone easy to work with over someone who causes issues.

7. Unreliable Communication

Not answering calls, emails, or texts from your recruiter when you're on the books looks unprofessional. Always respond quickly even if it's just to say you're unavailable.

8. Breaching Site Behaviour Policies

This includes drugs, alcohol, harassment, or misconduct. Companies have zero tolerance. One mistake and you're offsite and unlikely to be asked back.

9. Failing to Disclose Health or Injury Issues

If you're not fit for duty and don't say so, you risk your safety and others'. Always be upfront about injuries, restrictions, or concerns before going to site.

10. Burning Bridges on Exit

Leaving without notice, ghosting a contract halfway through, or badmouthing site leadership gets around. Finish well and leave on good terms, you never know when that contact will matter again.